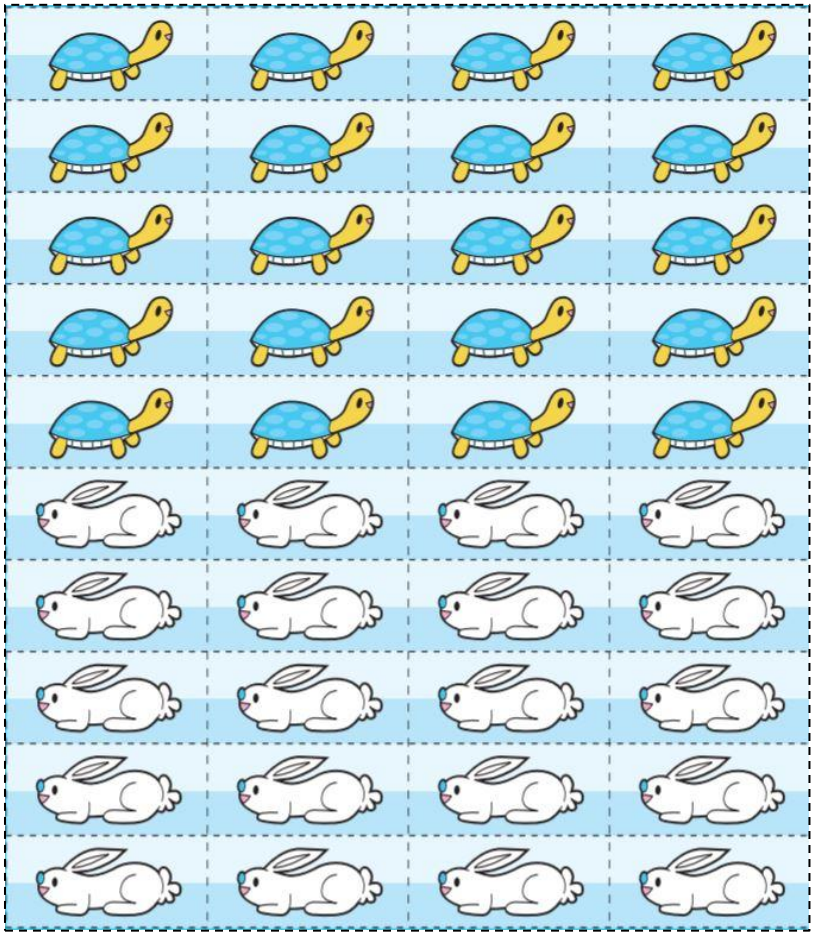La carrera de la tortuga y la liebre